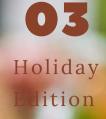


Menu



# **GRIDDLE ME THIS DAD NEWSLEHTER**

A COLLECTION OF RECIPES, OBSERVATIONS, AND Advice for the griddle and cooking Enthusiast with a focus on value.

## **REFLECTION AND RENEWAL**

by Bill Pickrel

Welcome to the Holiday Issue of the GriddleMeThisDad Newsletter. The theme for this newsletter is reflection and renewal. As I reflect on the craziness that was 2020, I am grateful that my family was still able to adapt and thrive in this most unusual and unexpected situation. I wish health, happiness, and the blessings of family and friends for all during this holiday season. I would again like to thank my family and all the subscribers that help create and enjoy this newsletter. All the best for the new year!

**Happenings** - Upcoming recipes include loaded griddled potato soup and griddled Brussel sprouts with buffalo sauce, bacon & blue cheese. Quick last minute gift ideas for your favorite griddler: rubs/spices, flavored oils, steaming lid, or griddle cover.

**Information** - The tradition of resolving to improve or better one's life date back thousands of years in many different cultures and religions, see <u>New Years</u> <u>Resolutions</u>. As a self-appointed minister in the church of the griddle, I present my griddle resolutions for 2021 to the flock.

1. Get more vegetables on the griddle. I resolve to produce at least one vegetable centered recipe for every newsletter this year. (6 Total).

2. Try something new in the spice or sauce category. Spices provide unbelievable variety and depth to common food. Try some new ones and begin your culinary adventures to any location or county you wish. See the interesting link below.

3. Learn a new technique for griddling – There are tons on techniques that can be used on the griddle but are seldom used. Steaming, sauteing, shallow frying, sweating, browning, and caramelization are few to raise your griddling game.

I resolve to provide new recipes this year that meet all three of the resolutions.

Which finally brings us to my link: <u>https://www.hotsauce.com/</u> This site lets you shop nearly any type and variety of hot sauce (and other stuff) with a set handy search tools with loads of attributes and selectors to include spice level, check it out. If there is something you would like to see or if you have an idea for a recipe or improvement to the site or newsletter, please email me at <u>griddlemethisdad@gmail.com</u>

### **GRIDDLE RIDDLE**

Answers from last newsletter:

Turkey: A fixed look Duck: Ohio State nickname (minus ye) Chicken: Showing your contempt by derision Turducken: Home of the flat white and Frappuccino Answer: Starbucks Coffee [stare, bucke(buckeye-ey), scoff - Star[buck[s coff]e]e] Turkey: Flow in a stream (with last 2 letter reversed) Duck: The second most consumed drink in the world Chicken: A shelf that projects from wall above fireplace (minus el) Turducken: A new word formed by joining two other words and combining their meanings (i.e., smog - smoke and fog) Answer: portmanteau [poru,tea,mant(mantel-el) por[t[mant]ea]u]Thanks again for your subscription.

### INTERESTING LINK

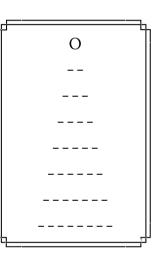
I love hot sauce. Not crazy, silly, hot, like +1M <u>Scoville</u> (I also think it is super cool to have a scale named after the creator) units hot, but hot sauce in general. Franks <u>RedHot</u>, <u>Sriracha</u> (only Huy Fong will do), and <u>Melinda's</u> mango habanero are some of my go-to sauces. Research also has been done eating chili peppers regularly can cut the risk of death from heart disease and stroke. Reference can be found <u>here</u>!

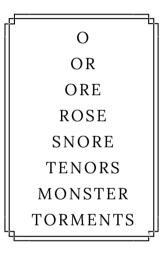
### COMMENTS? GRIDDLEMETHISDAD@GMAIL.COM

# THE GRIDDLE RIDDLE

For the holiday season, we've decorated some word trees! For each tree, we have placed a starting letter at the top. Then, a word is formed in each subsequent row by adding a letter to the row above it and anagramming the result. Clues to these words are given on the left, **in alphabetical order of the clue answers**. Submit your answer the letter that was added to each row after the top (in tree order from top to bottom).

EXAMPLE: Tree Top is O Dr. Frankenstein created one Conjunction Often found in mines Romantic flower Common sleeping sound High-singing males Afflicts great pain upon Answer: RESNTMT





Tree top is I A group of countries under a single Authority A numerical label assigned to each device connected to a computer network Be performed for the first time Of superior grade Common epitaph abbr. Fully developed or mature and ready to be eaten or used One who has a foolish, frivolous, self-conscious, or affected smile

